

# Down-Ups

Doug Johnson

down up down up down up down up down up down up down up

3  
down & up & down & up & down & up & down &

4  
up & down & up & down & up & down & up &

5  
down & uh up & uh down up down up down

6  
up down up down up down up

2  
7

Down up down up down up down

8

up down up down up down up

Down/up swings are motions that begin at the fingertip on the key (fulcrum). This motion always starts at the fingertip and then goes to the wrist, the elbow, the shoulder joint, the collarbone and shoulder-blade, through the muscles of the back, and to the bench and the floor.

This motion is smooth, continuous and completely separate from the playing of individual notes. In other words, the notes are played inside of this larger motion.

The larger motion groups notes together (phrasing) it does not play the notes. Notes are played and released by the continuous motions (circular) of the fingers.